

“How Worship Helps Us Grow”

Heb. 10:23-26

Introduction

- I. It should not surprise us that there is a correlation to attendance for worship and spiritual growth.
- II. Those who neglect worship are not maturing as well as they should (cf. a lone sheep and 1 Pet. 5:8.)
- III. What are some ways that worship helps us to grow?

Discussion

- I. Worship helps us to understand that we are not alone.
 - A. Loneliness is something that can beset all of us.
 1. Consider Elijah (1 Kings 19:14).
 2. God encouraged Elijah that he was not really alone (1 Kings 19:18).
 - B. Choosing to assemble with our brethren gives us strength and encouragement.
 1. Exhortation (Heb. 10:24-25).
 2. We pray for one another (Eph. 6:18-20; cf. Luke 22:31-32; Acts 12:5, 12).
- II. Worship helps us to keep our focus on the Lord and His will.
 - A. We sing praises to our Lord (Eph. 5:19; Col. 3:16; Heb. 13:12-16).
 - B. We remember His sacrifice in communion (1 Cor. 11:23-26).
 - C. The Word of God helps to strengthen us (Psm. 119:9-16, 105-112).
 - D. By giving, we collectively make sure that good is done (1 Cor. 16:1-2; 2 Cor. 9:7).

Conclusion

- I. Too many people miss out on opportunities to grow by refusing to attend worship.
- II. Let us make an effort to worship God in spirit and in truth a priority (John 4:24).