

# **“Dangers of Losing Control”**

## **Eph. 4:25-32**

### Introduction

- I. All of us deal with different degrees of pressure and difficulties.
- II. How we handle those situations is extremely important to our spiritual health.

### Discussion

- I. Moses had tremendous responsibilities leading the nation of Israel.
  - A. Imagine trying to keep that large of group “happy”.
  - B. Complaining became a great load on Moses' shoulders (Num. 20:1-6).
  - C. Unfortunately, the pressure overcame him to the point that he sinned (Num. 20:7-11).
  - D. His loss of control was very costly [he did not get to enter “the promised land”] (Num. 20:12; 27:12-14; Deut. 3:23-27).
- II. We must be careful not to allow ourselves to lose control (Eph. 4:25-32).
  - A. Living the life of a Christian is not without difficulties (2 Tim. 3:12; Matt. 5:10-12).
  - B. We must do the best that we can not to let the pressures of the world overcome us (Matt. 5:13-16; Phil. 2:14-16).
  - C. If we do not keep control, then we will sin (1 Cor. 9:27; James 1:12-16).
  - D. Our loss of control will be very costly [it could keep us from entering “the promised land” of Heaven] (Eph. 5:1-6; Heb. 4:1-11).
- III. The faithfulness of a child of God will be rewarded.
  - A. Revelation 2:10
  - B. Romans 8:16-18
  - C. Galatians 6:9
  - D. Hebrews 10:36
  - E. First Peter 1:7-9

### Conclusion

- I. Christians should do their very best to learn to control themselves.
- II. When we fail, we should be honest, repent, and acknowledge our sins (1 John 1:9-10; Acts 8:22).