

# “How Worship Helps Us”

## John 4:19-24

### Introduction

- I. Worship is a blessing!
- II. When we engage in worship, there are certain aspects that benefit us.
- III. Let us see different ways that worship helps us.

### Discussion

- I. Worship helps us prioritize.
  - A. There are certain things that should come before others (Matt. 6:24-34; Rom. 12:1-2; Luke 10:38-42).
  - B. We are able to focus on things that are spiritual (Mark 8:36-37; Luke 12:34).
- II. Worship helps us grow.
  - A. For some, it may be the only time that they study the Word of God (2 Tim. 2:15; 1 Pet. 2:1-3; Heb. 5:12-14).
  - B. Each worshiper should increase in knowledge and understanding (Eph. 1:16-19; 5:14-17; Psm. 119:18).
- III. Worship helps us appreciate.
  - A. I am able to remember my Lord and what He has done for me (1 Cor. 11:23-29).
  - B. I am able to reflect on the blessings that Christians enjoy (Rev. 1:5; Eph. 1:3; Rom. 6:3-4; Psm. 103:1-2; 122:1).
- IV. Worship helps us endure.
  - A. The Christian life can be difficult, but we must continue to press forward (2 Tim. 2:3-13; Rev. 2:10; Luke 9:62).
  - B. By assembling and worshiping with other saints, I understand that I am not alone (Heb. 10:25; 1 Thess. 5:11).

### Conclusion

- I. There are various ways that worship helps us.
- II. Let us make sure that we worship God as He prescribes (John 4:24; Matt. 15:7-9).